

What is claimed is:

- 5 1. An extensible handle, comprising:
a first elongated member having two ends, the first end positioned to
engage a device to be operated, the first elongated member further comprising an
expanded portion of increased width and a narrow portion of reduced width
relative to the expanded portion; and
a hollow second elongated member having two ends, the second
elongated member positioned to receive the first elongated member, the second
10 elongated member further including a restricting means.
- 15 2. The handle of claim 1 wherein the restricting means has a width that is
narrower than the width of the expanded portion of the first elongated member.
3. The handle of claim 1 wherein the restricting means restricts the expanded
portion of the first elongated member from fully passing through both ends of the
second elongated member.
- 20 4. The handle of claim 1 wherein at least one of the first elongated member
and the second elongated member is comprised of at least one of metal, a
composite material, a resilient plastic, and wood.

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5. The handle of claim 1 wherein activation of the handle by a user activates a jacking device or dolly.
6. The handle of claim 1 wherein the first elongated member further includes at least one first locking means.
7. The handle of claim 6 wherein at least one of the first locking means comprises a receptacle sized and positioned to securely receive a pin.
8. The handle of claim 7 wherein the second elongated member further includes a second locking means positioned to receive the pin and prevent at least one of extension and retraction of the handle.
9. An apparatus for moving an item comprising:
- a base;
- a supporting means positioned above the base;
- an arm having two ends, the arm positioned so that one end is pivotally related to the supporting member and the other end is pivotally related to the base;
- a lifting means; and
- a handle comprising:
- a first elongated member having two ends, the first end positioned

to be received by the apparatus, the second end having an expanded portion of an increased width; and

5 a second elongated member having two ends, the second elongated member being hollow and positioned to receive the first elongated member, the second elongated member further including a restricting means having a width that is narrower than the width of the expanded portion of the first elongated member.

10 10. The apparatus of claim 9 wherein the restricting means restricts the expanded portion of the first elongated member from fully passing through the second elongated member.

15 11. The apparatus of claim 9 wherein at least one of the first and the second elongated member is comprised of at least one of metal, a resilient plastic, a composite material, and wood.

20 12. The apparatus of claim 9 wherein activation of the handle by a user activates the lifting means, which in turn activates the arm and vertically moves the supporting means.

13. The apparatus of claim 9 wherein the first elongated member further includes at least one first locking means.

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14. The apparatus of claim 13 wherein at least one of the first locking means comprises a receptacle sized and positioned to securely receive a pin.
- 5 15. The apparatus of claim 14 wherein the second elongated member further includes a second locking means positioned to receive the pin and prevent at least one of extension and retraction of the handle.
16. An extensible handle, comprising:
- 10 a first elongated member having two ends, an expanded portion of increased width, and a narrow portion of reduced width relative to the expanded portion; and
- a hollow second elongated member having two ends, the second elongated member positioned to telescopically receive the first elongated member
- 15 and further including a means for restricting the expanded portion of the first elongated member from fully passing through both ends of the second elongated member.
17. The handle of claim 16 wherein the first elongated member further
- 20 includes a means for restricting movement of the first elongated member on an axis relative to the second elongated member.

18. The handle of claim 16 wherein the handle further includes a means for preventing at least one of extension and retraction of the handle.

Cont 19. The handle of claim 16 wherein the first elongated member further includes a means for securing the first elongated member to a device to be operated.

20. The handle of claim 16 wherein at least one of the first elongated member and the second elongated member is comprised of at least one of metal, a resilient plastic, and wood.